

EAT SMART WITH

THE LUNCH BUNCH



WEEKS SERVED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

19 February 18 March 15 April 13 May 10 June 2 September 30 September	Beef Bolognaise - Or - Chicken Goujon Wrap with choice of dip Sweetcorn / Broccoli Pasta Spirals / Mashed Potato Chocolate & Orange Cookie	Homemade Margherita Pizza - Or - Chinese-style Beef & Vegetables / Noodles Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread - Or - Breaded Fish & Lemon Mayo Diced Carrots & Green Beans Rice / Mashed Potato Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy - Or - Salmon & Creamy Tomato Pasta Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Ginger Biscuit & Custard	Hot Dog / Veggie Dog with Tomato Ketchup - Or - Chicken & Summer Veg Pie Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers - Or - Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Beef Ragù Italia - Or - Homemade Margherita Pizza Sweetcorn / Diced Carrots / Coleslaw Mashed Potato / Wedges / Pasta Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches	Roast of the Day, Stuffing & Gravy - Or - Quorn Dippers Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chili Dip - Or - Roast Mediterranean Vegetable Pasta Bake Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice
4 March 1 April 29 April 27 May 24 June 16 September	Golden Crumbed Fish Fingers - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread Sweetcorn / Peas Chipped / Mashed Potato / Coleslaw Ice-Cream, Peas & Chocolate Sauce	Homemade Cottage Pie - Or - Homemade Margherita Pizza Broccoli / Cauliflower Oven Baked Potato Wedges / Baked Potato Jelly & Fruit	Chicken Curry & Naan Bread - Or - Beef Meatball Green Beans / Baton Carrots Steamed Rice / Mashed Potato Sticky Date Pudding & Custard	Roast of the Day, Stuffing & Gravy - Or - Chicken & Pepper Fajita Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Golden Krispie Square	School "Chippy Day" Chicken or Fish Goujons / Sausages - Or - Baked Potato with Tuna & Sweetcorn / Salad Beans / Mushy Peas Chipped / Baby New Potatoes Ice-Cream Tub
11 March 8 April 6 May 3 June 26 August 23 September	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread Baked Beans / Garden Peas Chipped / Baked Potato Lemon Shorbread & Melon Wedge	Chicken Curry & Naan Bread - Or - Salt & Chili Chicken Nuggets Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Fruit Muffin & Apple / Orange Juice	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread & Coleslaw Garden Peas / Diced Carrots Mashed / Baby Potato Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy - Or - Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions - Or - Mac & Cheese Corn on the Cob / Pasta Salad Chipped Potato / Mashed Potato Ice-Cream & Two Fruits