

Glendermott PS winter menu 2021

**school
food**

try something new today

www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and water
are available daily.**

**If you require any
additional information on
allergens or special diet
please contact the school
in the first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oven Baked Sausages	Chicken Curry & Rice	Roast Dinner	Spaghetti Bolognese	Chicken nuggets
27th september	Irish Stew	Breaded Fish Fingers	Stuffing & Gravy	Savoury Pizza	
25th october	Baked Beans / Carrots	Peas / Salad	Dry Oven Roast / Mashed		Chips / Mashed Potatoes
15th november		Mashed Potatoes	Potatoes	Salad, Broccoli & Carrots	Sweetcorn
6th december		Parsley Sauce	Cabbage / Carrots	Mashed Potatoes	
	Cheese and Biscuits	Flakemeal Biscuits / Fruit	Salad	Sponge / Custard	Frozen Yoghurt / Fruit
		Custard (RMF)	Jelly		(RMF)
Week Two	Chicken Curry & Rice	Oven Baked Sausages	Roast Dinner	Oven Baked Fish	Home Made Beef Burger
4th october	Ham and cheese Paninis	Cheese & Tomato Pizza	Stuffing & Gravy / Salad	Pasta Bake	& Bap / Salad
1st november	Mixed Vegetables, salad	Baked Beans / Broccoli	Dry Oven Roast /	Peas / White Sauce	
22nd November	Mashed Potato/wedges	Oven Dice/Baby Boiled Potato	Mashed Potatoes	Salad	Sweetcorn
13th december		Salad	Baton Carrots/Cabbage	Mashed Potatoes	Chips / Mashed Potatoes
		Rice Pudding & Fruit	Wholemeal Biscuits	Fruit Muffin / Fruit	
	Fruit / Ice Cream (H)	Cheese & Biscuits (RMF)	Fruit / Custard (H)	Custard (RMF)	Jelly /Fruit
Week Three	Spaghetti Bolognese	Filled Baguettes / Paninis	Roast dinner	Chicken Curry & Rice	Hot Dogs
13th September	Oven Baked Chicken Nuggets	Oven Baked Beef Burgers	Stuffing & Gravy	Oven Baked Fish	
11th october	Carrots / salad	& Onion Gravy	Dry Oven Roast /	Sweetcorn / Peas	Baked Beans
8th november	Baby Boiled / Mashed	Peas / Sweetcorn	Mashed Potatoes	Mashed Potatoes	
29th November	Potatoes	Herb Dice / Mashed	Cabbage / Carrots	Salad	Chips / Mashed Potatoes
20th december	Jelly/ fruit	Potato / Salad	Salad		
		Oat cookie / Custard	cheese and biscuit	Fruit Salad / Yoghurt	Ice cream
				Custard (RMF)	
Week Four	Oven Baked Fish	Oven Baked Sausages	Roast Dinner	Beef Burger /Gravy	Chicken Nuggets
	Savoury Pizza	Pasta Bake	Stuffing & Gravy	Chicken Curry & Rice	
20th september	Green Beans / Mixed	Baked Beans / Peas &	Dry Oven Roast /	Mixed Vegetables	Peas
18th october	Vegetables	Sweetcorn	Mashed Potatoes	Oven Dice / Mashed	Mashed Potatoes/Chips
	Mashed Potato/wedges	Mashed potato	Turnips / Carrots	Potatoes / Salad	
			Salad		
	Cheese and Biscuits	shortbread biscuit/milk	Chocolate sponge/custard	Flakemeal Biscuit/Custard	Frozen Yoghurt / Fruit
	Fruit	Custard (RMF)		Custard (H)	

Menu may be subject to change at short notice due to supplier demand sorry for the inconvenience

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