# UG AND ALCO

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This publication can also be downloaded from www.drugsandalcoholni.info

# **Services for Adults**

## HURT

Range of therapeutic support services for adults with substance misuse issues/difficulties.

### **Open Access**

HURT

Tel: 028 7136 9696

### ..... Low Threshold Services

For those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

# **Open Access/Self Referrals Accepted ARC Healthy Living Centre (SOLACE)** Fermanagh

🖵 Tel: 028 6862 8741

**DePaul Ireland** (Foyle Haven) Derry

### 🖵 Tel: 028 7136 5259 **First Housing**

🗖 Tel: 028 8225 2730 (Ramona House -Omagh)

Tel: 028 7137 1849 (Floating Support - Derry) **Tel:** 028 7136 1156 (Damien House - Derry)

# **Apex Housing** Derry

Tel: 028 7126 7957 (The House in the Wells) Tel: 028 7136 2689 (Foyle Valley House)

# Drink Wise, Age Well

Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help. We provide both 1-1 support and MAP group peer support.

### **Open Access/Self Referrals Accepted** Addiction NI

Tel: 028 7116 0236 (Derry) **Tel:** 028 6638 1714 (Enniskillen) Tel: 028 8283 9240 (Omagh)

# **Domiciliary Outreach Programme**

Alcohol and Drug Service for Older People. **Open Access/Self Referrals Accepted WHSCT** 

🗖 Tel: 028 7131 4239

# **Steps to Change**

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

**Open Access/Self Referrals Accepted** ASCERT

🖵 Tel: 028 8244 8170 📮 Tel: 0800 254 5123

# Young People/Family

# **Enniskillen Youth Engagement Service (YES)**

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

# **Open Access**

**Find Centre** 

🖵 Tel: 028 6632 5559

# Derry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

# **Open Access**

Longtower 🖵 Tel: 028 7136 6099

# HURT Drug and Alcohol Lifeskills Programme

HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

**Open Access** HURT

🖵 Tel: 028 7136 9696

# Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups ASCERT

🖵 Tel: 028 8244 8170 or 🖵 Tel: 0800 254 5123 

# Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

# ASCERT & Barnardos

www.stepstocope.co.uk

# DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

# **Open Access/Self Referrals Accepted**

# ASCERT & Start 360

🖵 Tel: 028 7137 1162

## Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse. Social Services/Addiction Services Referrals

# Start 360

🖵 Tel: 028 7137 1162

# **Specific Groups**

# **Needle and Syringe Exchange Sites** Lloyd's Pharmacy

♀1 Ebrington Terrace, Derry 🖵 Tel: 028 7134 2454 ♀ 28 Belmore Street, Enniskillen 🖵 Tel: 028 6632 2202 Superdrug **P**Ferryquay Street, Derry 🗖 Tel: 028 7126 3334 Mourne Pharmacy (Medicare) 💡 8a Beechmount Ave, Strabane 🖵 Tel: 028 7188 5548

# **Gordon's Pharmacy**

💡 Unit 2, 57-61 Main Street, Limavady 🖵 Tel: 028 7776 3438

# **Group Support**

ublic Health

\gency

Call or go online to find a meeting near you: **Alcoholics Anonymous** 

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12 Step Programme/Group Meetings

Tel: 028 9035 1222 🔜 www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

L Tel: 028 9068 2368

www.alanonuk.org.uk Alateen

Group Support for Teenagers 🖵 Tel: 028 9068 2368

www.al-anon.org/for-alateen

**Narcotics Anonymous** 

12 Step Programme/Group Meetings **Tel:** 0300 365 1010 www.na-northernireland.org

..... Community/Stakeholder Support

# Western Drug & Alcohol Coordination **Team/ Connections Service (WDACT Connections**)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 0800 254 5123 (ASCERT)

www.drugsandalcoholni.info

K connections@wdact.info 

# Workforce Development Training Programmes

A range of drug and alcohol training courses for those

# **Statutory Addiction Service**

Provided by a range of specialist teams within community and hospital settings.

# GP/Health Professional Referrals WHSCT

Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

**Tel:** 028 6638 2073 (Enniskillen)

Tel: 028 8283 5453/5365 (Asha Centre, TFH, Omagh) Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below

**Addiction Service Referrals** 

# Asha Centre, TFH, Omagh, Detox Unit

L Tel: 028 8283 5453/5365

# **Northlands**

6 week residential rehab programme.

Tel: 028 7131 3232

# FREE 24/7 HELPLINE 0808 808 8000 In Crisis? Call Lifeline

# DAMHS (Drug & Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

**GP/CAMHS** Referrals **WHSCT** 🖵 Tel: 028 7186 5238

# **ASCERT**

Tel: 0800 254 5123

# For more detailed information on services available in your HSCT area visit: www.drugsandalcoholni.info



"Addressing drugs and alcohol together"