UG AND ALCO

Date of publication: OCT 2020

Disclaimer: Whilst every effort has been made to ensure the accuracy of the information provided in this directory at time of print, we do not accept any responsibility or liability for any errors. It is recommended that you always check directly with providers that their service or organisation meets your requirements. Where any specific organisation or service is mentioned by name or otherwise this does not necessarily constitute or imply any endorsement or recommendation by NIDACTs or PHA of that organisation or service

This publication can also be downloaded from www.drugsandalcoholni.info

Services for Adults

HURT

Range of therapeutic support services for adults with substance misuse issues/difficulties.

Open Access

HURT

Tel: 028 7136 9696

..... Low Threshold Services

For those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted ARC Healthy Living Centre (SOLACE) Fermanagh

🖵 Tel: 028 6862 8741

DePaul Ireland (Foyle Haven) Derry

🖵 Tel: 028 7136 5259 **First Housing**

🗖 Tel: 028 8225 2730 (Ramona House -Omagh)

Tel: 028 7137 1849 (Floating Support - Derry) **Tel:** 028 7136 1156 (Damien House - Derry)

Apex Housing Derry

Tel: 028 7126 7957 (The House in the Wells) Tel: 028 7136 2689 (Foyle Valley House)

Drink Wise, Age Well

Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help. We provide both 1-1 support and MAP group peer support.

Open Access/Self Referrals Accepted Addiction NI

Tel: 028 7116 0236 (Derry) **Tel:** 028 6638 1714 (Enniskillen) Tel: 028 8283 9240 (Omagh)

Domiciliary Outreach Programme

Alcohol and Drug Service for Older People. **Open Access/Self Referrals Accepted WHSCT**

🗖 Tel: 028 7131 4239

Steps to Change

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted ASCERT

🖵 Tel: 028 8244 8170 📮 Tel: 0800 254 5123

Young People/Family

Enniskillen Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Find Centre

🖵 Tel: 028 6632 5559

Derry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Longtower 🖵 Tel: 028 7136 6099

HURT Drug and Alcohol Lifeskills Programme

HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

Open Access HURT

🖵 Tel: 028 7136 9696

Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups ASCERT

🖵 Tel: 028 8244 8170 or 🖵 Tel: 0800 254 5123

Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

ASCERT & Barnardos

www.stepstocope.co.uk

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

ASCERT & Start 360

🖵 Tel: 028 7137 1162

Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse. Social Services/Addiction Services Referrals

Start 360

🖵 Tel: 028 7137 1162

Specific Groups

Needle and Syringe Exchange Sites Lloyd's Pharmacy

♀1 Ebrington Terrace, Derry 🖵 Tel: 028 7134 2454 ♀ 28 Belmore Street, Enniskillen 🖵 Tel: 028 6632 2202 Superdrug **P**Ferryquay Street, Derry 🗖 Tel: 028 7126 3334 Mourne Pharmacy (Medicare) 💡 8a Beechmount Ave, Strabane 🖵 Tel: 028 7188 5548

Gordon's Pharmacy

💡 Unit 2, 57-61 Main Street, Limavady 🖵 Tel: 028 7776 3438

Group Support

ublic Health

\gency

Call or go online to find a meeting near you: **Alcoholics Anonymous**

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12 Step Programme/Group Meetings

Tel: 028 9035 1222 🔜 www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

L Tel: 028 9068 2368

www.alanonuk.org.uk Alateen

Group Support for Teenagers 🖵 Tel: 028 9068 2368

www.al-anon.org/for-alateen

Narcotics Anonymous

12 Step Programme/Group Meetings **Tel:** 0300 365 1010 www.na-northernireland.org

..... Community/Stakeholder Support

Western Drug & Alcohol Coordination **Team/ Connections Service (WDACT Connections**)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 0800 254 5123 (ASCERT)

www.drugsandalcoholni.info

K connections@wdact.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals WHSCT

Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

Tel: 028 6638 2073 (Enniskillen)

Tel: 028 8283 5453/5365 (Asha Centre, TFH, Omagh) Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below

Addiction Service Referrals

Asha Centre, TFH, Omagh, Detox Unit

L Tel: 028 8283 5453/5365

Northlands

6 week residential rehab programme.

Tel: 028 7131 3232

FREE 24/7 HELPLINE 0808 808 8000 In Crisis? Call Lifeline

DAMHS (Drug & Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals **WHSCT** 🖵 Tel: 028 7186 5238

ASCERT

Tel: 0800 254 5123

For more detailed information on services available in your HSCT area visit: www.drugsandalcoholni.info



"Addressing drugs and alcohol together"